

# How to grow your Russian Giant Sunflower



Easy to grow and a giant in the sunflower world, these sunflowers can grow up to 3m tall if given plenty of room. They are hardy, ideal for children to grow and should flower late summer if planted late spring, early summer. You can plant them in your cartons later on in winter or early spring, as long as you keep them indoors.

## Sowing instructions:

- Grab some well cultivated soil or compost that is finely broken down, and fill up your formed carton with it.
- Drill a hole into the soil that is around 7 cm deep and plant your seed in it.
- Cover the hole with the soil.
- Water.
- Make sure you keep the carton and seed at a temperature of 20-30 degrees C.
- Grow in good light and plant out when when it is too big for the carton and all the risk of frost is passed.

